### DON'T LET SLEEP-RELATED ISSUES PUT YOUR FLEET AT RISK.



Keeping your drivers safe while reducing risk



STATISTICS RELATED TO SLEEP APNEA:

1,550

**DEATHS PER YEAR** 

# 100,000

FATIGUE-RELATED DEATHS ANNUALLY



# \$12.5 BILLION

MONETARY DAMAGES PAID ANNUALLY

#### COMPLIANCE CLEARS THE WAY.

Apnea-related accidents are completely avoidable. You can save lives, livelihoods, and the health and safety of everyone on the road.



Disturbingly, research from the National Transportation Safety Board (NTSB) has confirmed that fatigue was the most frequently cited cause of heavy truck accidents, accounting for 30-40% of them, and was also the cause of 31% of the 182 fatal-to-the-truck-driver accidents studied.

#### WHY HAVE A DRIVER **SLEEP PROGRAM?**

- Fatigue management
  Reduced accidents
- Increased productivity
  Risk mitigation

#### THE CONSEQUENCES OF UNTREATED **OBSTRUCTIVE SLEEP APNEA (OSA)**

Studies have shown that truck drivers have a high risk of OSA. Having a tired driver behind the wheel can put your business at risk and their life in jeopardy.

#### IMPAIRED JUDGMENT

Untreated sleep apnea causes excessive daytime sleepiness which impairs judgment, causes attention deficits, slows reaction times, and decreases alertness.

#### LOST PRODUCTIVITY

Annual US economic burden is estimated at 149 billion of which 87 billion is in lost productivity.

#### FINANCIAL COSTS

Recent study confirmed that \$411/driver/ month savings for employers when OSA was treated.



#### **AVERAGE COST OF AN ACCIDENT\***

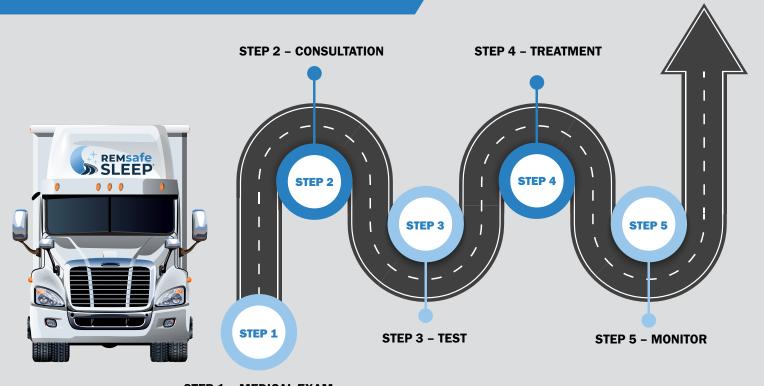
BASIC HEALTH AND PROPERTY DAMAGE

WHEN A SEMI-TRUCK PULLING IS PULLING MULTIPLE TRAILERS

WHEN A SEMI-TRUCK ACCIDENT RESULTS IN FATALITY

## ON THE ROAD WITH **REMsafe SLEEP**





STEP 1 - MEDICAL EXAM

Team of board certified sleep physicians and highly experienced nurse practitioners licensed in 50 states for telehealth sleep care.

- Consultations
- Study interpretations
- RX's for treatment

REMsafe SLEEP provides top of the line CPAP units, always!

#### **Daily Management of Drivers** on treatment

- Non-use addressed daily
- Multiple means of communication-text, cell, email, app, and machine
- · Respiratory therapists to coach and support driver needs

#### **Compliance Monitoring**

- Red = not using
- Yellow = coaching
- Green = safe

#### **Customized reporting**

- Red provided daily
- Weekly summary



#### WHY REMsafe SLEEP

Cost-effective testing, treatment and resupply programs will be tailored specifically to your needs.

Our full-time staff of clinical experts allows us to support your team from diagnosis, through treatment, and beyond.

1000+ physical locations around the U.S. to support our REM Safe SLEEP program and your drivers.

Get your drivers back on the road FAST. Testing to treatment in as little as three nights.



#### WHAT WE KNOW:

86%

OF THE 3.2 MILLION TRUCK DRIVERS IN THE U.S. ARE OBESE

45%

WILL BE DIAGNOSED WITH SLEEP APNEA



877-304-5139 REMSAFESLEEP.COM

 $www.zehllaw.com/sleep-apnea-commercial-drivers-deadly-combination/\\www.nashunchealthcare.org/about-us/news-media/2017/ignoring-sleep-apnea-can-be-fatal/$